

## Joy Skarka's Suggested Resources

- Joy Skarka, *Her Freedom Journey: A Guide Out of Porn and Shame to Authentic Intimacy*: [www.amazon.com/Her-Freedom-Journey-Authentic-Intimacy/dp/0802432700](http://www.amazon.com/Her-Freedom-Journey-Authentic-Intimacy/dp/0802432700)
- SHE Recovery: [sherecovery.com](http://sherecovery.com)
- Sexual Discipleship [sexualdiscipleship.com](http://sexualdiscipleship.com)
- Authentic Intimacy resources on freedom from sexual sin: [authenticintimacy.com/freedom-from-sexual-sin](http://authenticintimacy.com/freedom-from-sexual-sin)
- Pure Desire Ministries: [puredesire.org](http://puredesire.org)
- Curt Thompson, *Soul of Shame: Retelling the Stories We Believe About Ourselves* [amazon.com/Soul-Shame-Retelling-Stories-Ourselves/dp/0830844333/](http://amazon.com/Soul-Shame-Retelling-Stories-Ourselves/dp/0830844333/)

## Websites with Resources For Parents

- Defend Young Minds: [defendyoungminds.com](http://defendyoungminds.com)
- Birds & Bees: [birds-bees.com](http://birds-bees.com)