

Soul Care in Spiritual Leadership

Recommended Reading List:

Anderson, Fil. *Running on Empty, Contemplative Spirituality for Overachievers*. Colorado Springs, CO: WaterBrook Press, 2004.

Baker, Howard. *Soul Keeping, Ancient Paths of Spiritual Direction*. Colorado Springs, CO: NAVPRESS, 1998.

Barton, Ruth Haley. *Invitation to Silence: Experiencing God's Transforming Presence*. Downers Grove, IL: InterVarsity Press, 2004.

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_____. *Strengthening the Soul of Your Leadership, Seeking God in the Crucible of Ministry*. Downers Grove, IL: InterVarsity Press, 2008.

Benner, David G. *Care of Souls: Revisioning Christian Nurture and Counsel*. Grand Rapids, MI: Baker Books, 1998.

_____. *Sacred Companions: The Gift of Spiritual Friendship and Direction*. Downers Grove, IL: InterVarsity Press, 2002.

Boa, Kenneth. *Conformed to His Image: Biblical and Practical Approaches to Spiritual Formation*. Grand Rapids, MI: Zondervan Publishing, 2001.

Calhoun, Adele Ahlberg. *Spiritual Disciplines Handbook: Practices That Transform Us*. Downers Grove, IL: InterVarsity Press, 2005.

Caliguire, Mindy. *Discovering Soul Health*. Downers Grove, IL: InterVarsity Press, 2007.

Clebish, William A. and Jaekle, Charles R. *Pastoral Care in Historical Perspective*. New York, NY: Harper Torchbooks, 1964.

Ford, Leighton. *The Attentive Life, Discerning God's Presence In All Things*. Downers Grove, IL: InterVarsity Press, 2008.

Richard Foster. *The Celebration of Discipline: The Path to Spiritual Growth*. San Francisco, CA: HarperSanFrancisco, 1998.

Moore, Thomas. *Care of the Soul*. New York, NY: Harper Collins, 1992.

McKnight, Scot. *Praying With the Church: Following Jesus Daily, Hourly, Today*. Brewster, MA: Paraclete Press, 2006.

Ortberg, John. *Soul Keeping, Caring for the Most Important Part of You*. Grand Rapids, MI: Zondervan, 2014.

Plass, Richard and James Cofield. *The Relational Soul: Moving from False Self to Deep Connection*. Downers Grove, IL: InterVarsity Press, 2014.

Peterson, Eugene H. *The Jesus Way: A Conversation on the Ways that Jesus is the Way*. Grand Rapids, MI: William B. Eerdmans Publishing Company, 2007.

Pettit, Paul E., ed. *Foundations of Spiritual Formation, A Community Approach to Becoming Like Christ*. Grand Rapids, MI: Kregel Academic, 2008.

Shores, Steve. *Minding Your Emotions: How Understanding Your Feelings Can Nurture Your Soul*. Colorado Springs, CO: NavPress, 2002.

Thompson, Curt, M.D. *The Anatomy of the Soul, Surprising Connections Between Neuroscience and Spiritual Practices That Can Transform Your Life and Relationships*. Carol Stream, IL: Salt River, Tyndale House Publishers, Inc., 2010.

_____. *The Soul of Shame, Retelling the Stories We Believe About Ourselves*. Downers Grove, IL: InterVarsity Press, 2015

Willard, Dallas. *Renovation of the Heart: Putting On the Character of Christ*. Colorado Springs, CO: NavPress, 2002.