

Leader Helps & Resources (updated 10/18/23)

Many of the resources listed are BOW videos/podcast episodes. The links go to our videos, but you can link to the podcast episode from there. **If you prefer, browse all [videos](#) or [podcast episodes](#), or go to beyondordinarywomen.org/resources to sort by topic or speaker.** All other resources were recommended by our experienced and educated speakers.

Personal Bible Study

BOW's Free Video

- ["Why Study Biblical Issues for Yourself?"](#) with Natalie Eastman
- [Trustworthiness of the Bible series](#) on "Biblical Archaeology" with Angela Everett

Other Resources

- Borowski, Oded. [Daily Life in Biblical Times](#), Society of Biblical Literature, 2003.
- Eastman, Natalie. [Women, Leadership, and the Bible: How Do I Know What to Believe? A Practical Guide to Biblical Interpretation](#). Cascade Books, 2014.
- Fee, Gordon D. & Douglas Stuart. [How to Read the Bible for All Its Worth](#), 4th Ed. Zondervan, 2014.
- Yarbrough, Mark. [How to Read the Bible like a Seminary Professor: A Practical and Entertaining Exploration of the World's Most Famous Book](#). FaithWords, 2015.
- McKnight, Scot. ["Stereotyping Pharisees, A Christian Instinct in Need of Lament"](#). Christianity Today, Jesus Creed blog. 1/19/2022.
- bestcommentaries.com A helpful list of commentaries with descriptions to guide your choices.

Bible Teaching/Preaching

BOW's free helps

- ["Know your Audience!"](#) with Susie Hawkins, Kristen Pool, & Kay Daigle
- ["Protecting your Kids' Privacy as a Bible Teacher"](#) with Kelley Mathews & Sharifa Stevens
- ["Why Use Live Teachers, not Video?"](#) with Susie Hawkins, Kristen Pool, & Kay Daigle
- ["Should I be a Bible Teacher?"](#) with Susie Hawkins, Kristen Pool, & Kay Daigle
- ["Let's Check our Mindsets, Teachers"](#) with Susie Hawkins & Kristen Pool
- ["Multiplying Strengths: A Case for Team Teaching"](#) with Nika Spaulding
- ["As a Speaker, Do I Accept This Event?"](#) with Kelley Mathews & Rebecca Carrell
- ["Growing as a Speaker"](#) with Kelley Mathews & Rebecca Carrell

Teaching/preaching How-tos

- ["Step by Step Teaching Process"](#) series with Susie Hawkins, Kristen Pool, & Kay Daigle
- ["The Prep Before the Podium"](#) with Nika Spaulding
- ["In Depth Message Preparation"](#) series with Kristen Pool & Kay Daigle
- ["Choosing Powerful Illustrations & Applications"](#) with Susie Hawkins & Kristen Pool
- ["Teaching Groups--Interactive or Lecture?"](#) with Susie Hawkins & Kristen Pool

Other Resources

- Roese, Jackie. [She Can Teach: Empowering Women to Teach the Scriptures Effectively](#). Wipf & Stock Publishers, 2013.
- Shuster, Marguerite, Richard Allen Farmer, and Haddon Robinson. ["What Sermon Illustrations should be Banned from Pulpits?"](#) Christianity Today, June 2014.

Resources on the Pharisees

- "[Pharisees Make Good Neighbors](#)" BOW video/podcast episode with Nika Spaulding.
- Sievers, Joseph and Amy-Jill Levine, eds. [The Pharisees](#). Grand Rapids, MI: Wm. B. Eerdmans Publishing Co., 2021.
- McKnight, Scot. "[Stereotyping Pharisees, A Christian Instinct in Need of Lament](#)". Christianity Today, Jesus Creed blog. 1/19/2022.
- Yinger, Kent L. [The Pharisees: Their History, Character & New Testament Protrait](#). Eugene OR: Cascade Books, 2022.

Choosing Christian books and studies

- BOW's "[The Aroma of Influence](#)" blog: search topic "choosing material"
- Free BOW series: "[Choosing Trustworthy Resources](#)" with Nika Spaulding
- Christian classics by people like Augustine, Calvin, and Spurgeon
- The creeds such as The Apostle's Creed and The Nicene Creed

Conflict Resolution

Free Online Helps

- "[The Aroma of Influence](#)" blog search for conflict, reconciliation, and Living in the American Culture
- With Oletha Barnett: "[Fight Right](#)" series and "[Diversity of a Different Kind](#)"
- BOW's series "[Helping Leaders Survive & Thrive through Conflict](#)" with Dr. Sue Edwards
- [Peacemaker Ministries](#)
- "[A Language of Healing](#)" series with Arnita Taylor

Other Resources

- Braiker, Harriet. [The Disease to Please: Curing the People-Pleasing Syndrome](#). McGraw-Hill, 2001.
- Cloud, Henry. [Necessary Endings: The Employees, Businesses, and Relationships that All of Us Have to Give Up to Move Forward](#). Harper-Collins, 2011.
- Cloud, Henry and John Townsend. [How to Have that Difficult Conversation: Gaining the Skills for Honest and Meaningful Communication](#). Harper-Collins, 2015.
- Edwards, Sue, and Kelley Mathews. [Leading Women Who Wound: Strategies for an Effective Ministry](#). Moody Publishers, 2009.
- Sande, Ken, and Johnson, Kevin. [Resolving Everyday Conflict](#). Baker Books, 2015.
- Shelley, Marshall. [Ministering to Problem People in your Church: What to Do with Well-Intentioned Dragons](#). Bethany House, 2013.

Cultural Issues

Feminism

- Speech Entitled "[Ain't I a Woman?](#)" by Sojourner Truth, delivered at the 1851 Women's Convention in Akron. Ohio
- BOW's resource: "[Barbie, the Bible and Feminism](#)" with Cheyenne Coote
- Dr. Sandra Glahn's website at [sandraglahn.com](#)

Generations—Understanding People of Other Ages

- [Barna research and data](#)
- BOW's resource: "[Ministering to Gen Z](#)" with Nika Spaulding
- BOW's series: "[Understanding Millennials: the Good, the Bad, and the Ministry](#)" with Nika Spaulding.

- [“Over Half of Gen Z Teens Feel Motivated to Learn More About Jesus”](#) Barna, Feb. 1, 2023.
- ["Gen Z: Your Questions Answered"](#) Barna, Feb. 6, 2018
- [“Church Pulse Weekly Conversations: Grant Skeldon & Luke LeFerve on Next Gen Discipleship”](#) Barna, June 8, 2022.
- [“New Data on Gen Z: Perceptions of Pressure, Anxiety and Empowerment”](#) Barna, Jan. 28, 2021.
- ["Defining generations: Where Millennials end & Generation Z begins"](#) from Pew Research
- [“What Makes an Engaging Witness, as Defined by Gen Z?”](#) Barna, Nov. 10, 2021.
- Eaton, Sam. ["12 Reasons Millennials are Over Church."](#) Faith It, April 4, 2028.

Justice

- [“Justice in the Bible”](#) BOW series with Nika Spaulding

Men & Women: Roles, Gender, Sexuality, Biblical Manhood/Womanhood BOW videos

- [“It’s Time for a RelationSHIFT”](#) BOW series with Jackie Roesse.
- [“40 Questions About Women in Ministry”](#) with Dr. Sue Edwards & Kelley Mathews
- [“Barbie, the Bible and Feminism”](#) with Cheyenne Coote
- [“Is Motherhood Our Highest Calling?”](#) with Dr. Sandra Glahn
- ["Gender and Scripture"](#) with Dr Sandra Glahn
- ["Biblical Manhood & Womanhood"](#) with Dr. Sandra Glahn
- [“Sexual Identity & Gender Identity”](#) with Dr. Gary Barnes and Dr. Sandra Glahn. Understand the path to sexual identity and learn more about gender identity. Learn how to respond as the church and individuals biblically.
- [“Sexual Abuse and the Church”](#) with Mary DeMuth and Kelley Mathews

Other resources

- Russell, A. Sue and Jackie Roesse. [RelationSHIFT: Changing the Conversation about Men and Women in the Church](#). Cross Perspectives, 2018.
- Glahn, Sandra L. and C. Gary Barnes, Eds. [Sanctified Sexuality: Valuing Sex in an Oversexed World](#). Kregel Academic: Grand Rapids, MI, 2020.
- [Nobody’s Mother](#) by Dr. Sandra Glahn
- Articles by Dr. Sandra Glahn: [Women Rule](#), [Woman as Helper](#), [God as Male and Female](#)
- Dr. Sandra Glahn’s website at [sandraglahn.com](#)

Pro-life

- ["Post-Roe: Supporting Mothers and Babies"](#) with Sharifa Stevens and Kay Daigle

Racial Reconciliation

BOW Resources

- [The Aroma of Influence](#) blog topics “living in the American culture” or “reconciliation”
- ["Leading toward Racial Reconciliation"](#) series with Kelley Mathews & Sharifa Stevens
- ["Beginning the Road to Racial Reconciliation"](#) series with Sharifa Stevens & Susan Seay

Other Resources

- “The African Americans: Many Rivers to Cross.” 6 episodes from PBS. [Search on YouTube](#).
- Cleveland, Christena. [Disunity in Christ: Uncovering the Hidden Forces that Keep Us Apart](#). InterVarsity Press, 2013.
- Hill, Daniel. [White Awake: An honest look at what it means to be white](#). IVP Books, 2017.
- Wilkerson, Isabel. [The Warmth of Other Suns: The Epic Story of America’s Great Migration](#). First Vintage Books Edition, 2011.
- Wytmsa, Ken. [The Myth of Equality: Uncovering the Roots of Injustice and Privilege](#). IVP Books, 2017.

Sexuality

- [“Sexual Abuse and the Church”](#) with Mary DeMuth and Kelley Mathews
- Yarhouse, Mark, A. [Link to his books](#)

Singles

BOW’s [“The Forgotten Ones: Singles and the Church”](#) series with Elizabeth Woodson

Discipleship

BOW Resources

- [Re-Imagining Discipleship video series](#) of five episodes with various speakers from different perspectives dealing with what’s lacking in today’s discipleship
- [“Lament”](#) series with Nika Spaulding
- [“Embrace the Impact of Prayer”](#) series with Crickett Keeth
- [“You Are on God’s Team”](#) series with Claudia McGuire
- [“Sharing Your Faith Story”](#) series with Donna Skell & Kelley Mathews

Other Resources

- [Various Bible studies](#) by Kay Daigle
- Daigle, Kay. [From Ordinary Woman to Spiritual Leader: Grow your Influence](#). WestBow Press, 2012.

Conversations/Listening (see Small Groups section also)

BOW’s Free Help

- [“Asking Powerful Questions”](#) series with coach Jill Williams
- [“Listening Well”](#) series with spiritual director Cheri Hudspith

Other Resources

- Crabb, Larry. [The Pressure’s Off: Breaking Free from Rules and Performance](#), 2nd Edition. WaterBrook, 2012.
- Crabb, Rachael, Sonya Reeder, and Diana Calvin. [Listen In: Building Faith and Friendship through Conversations that Matter](#). IVP Books, 2015.
- Stoltzfus, Tony. [Coaching Questions: A Coach’s Guide to Powerful Asking Skills](#). 2008.

Leadership Skills

BOW’s Free Resources

- BOW’s [“The Aroma of Influence”](#) blog topics meetings, leader skills, leadership development, ministry focus, ministry organization, and ministry strategy.
- “Growing a Team Into Community” with Claudia McGuire
- [“Meetings that Work”](#) series with Claudia McGuire
- [“Be Strategic for Effective Ministry”](#) series with Claudia McGuire
- [“Casting Vision”](#) series with Debbie Stuart
- [“Vision for the Small and Ordinary”](#) with Dr. Kay Daigle

Mentoring

BOW’s Free Resources

- [“The Aroma of Influence”](#) blog topic mentoring
- [“Organic Mentoring”](#) series with Dr. Sue Edwards
- [“Finding a Mentor”](#) series with Dr. Joye Baker

Other Resources

Edwards, Sue and Barbara Neumann. [*Organic Mentoring: A Mentor's Guide to Relationships with Next Generation Women*](#). Kregel, 2014.

Mommies and Ministry

- BOW's series: "[Mommies and Ministry](#)" with Sharifa Stevens and Kelley Mathews

Small Groups (see conversations/listening also)

BOW's Free Resources

- "[The Aroma of Influence](#)" blog topics: small groups small group leadership, and leadership.
- "[Asking Powerful Questions](#)" series with coach Jill Williams
- "[Kingdom Prayers](#)" purposed to focus prayers on God's will
- "[Leading a Small Group toward Spiritual Growth](#)" series with Kelly Arabie
- "[Listening Well](#)" series with Cheri Hudspith
- [Women's Bible Study: Small Group Leader's Handbook](#). Use as a template for your own handbook.

Other Resources

- Fryling, Alice. [Seeking God Together](#). IVP Books, 2009. Written as a guide to group spiritual direction, it includes great tips for becoming a better listener and helping others listen.
- [How to Lead Small Group Bible Studies: A Navigator Guide](#). NavPress, 1982. (out of print but available from small book sellers)
- Lee-Thorp, Karen. [How to Ask Great Questions](#). NavPress, 1998.
- Smith, Gordon T. [The Voice of Jesus: Discernment, Prayer and the Witness of the Spirit](#). The book helps believers listen & grow in discerning God's voice.
- Swindoll, Debbie and Monica Romig Green. [Do You Love Me? Exploring Our Relationships with God and Others](#). This team training guide provides leadership tools that empower communities to deeply love God and one another.

Church/Leadership Issues from BOW

- "[Re-Imagining Discipleship](#)" series with 5 episodes with various speakers
- "[Is Motherhood Our Highest Calling?](#)" with Dr. Sandra Glahn
- "[Sexual Abuse and the Church](#)" with Mary DeMuth and Kelley Mathews
- "[Women in Public Ministry](#)" series with Dr. Sandra Glahn
- "[Biblical Manhood & Womanhood](#)" with Dr. Sandra Glahn
- "[40 Questions About Women in Ministry](#)" with Dr. Sue Edwards & Kelley Mathews
- "[Sexual Identity & Gender Identity](#)" with Dr. Gary Barnes & Dr. Sandra Glahn
- "[Leadership Lessons from the Life of Moses](#)" series with Jodie Niznik
- "[Handling Disappointment in Ministry](#)" with Dr. Lynn Etta Manning
- "[Feeling Overlooked, Leader?](#)" with Claudia McGuire
- "[Feeling Overwhelmed, Leader?](#)" with Claudia McGuire
- "[Is It Time to Move On, Leader?](#)" with Claudia McGuire
- "[Loneliness](#)" series with Kari Stainback
- "[Beating Burnout](#)" series with Dr. Michelle Pokorny
- "[Ministry in Unlikely Places](#)" with Dr. Lynn Etta Manning
- "[Love God with All Your Mind](#)" with Kat Armstrong
- "[Healthy Habits for Lasting Ministry](#)" with Nika Spaulding
- "[Soul Care](#)" series with Dr. Gail Seidel

Retreats

BOW Resource: "[Navigating Speaking Engagements](#)" series with Kelley Mathews & Rebecca Carrell

Short Leader Tips from BOW

- "[Know Thyself](#)" with Kelley Mathews
- "[Invest in People](#)" with Dr. Sue Edwards
- "[Indicative Before Imperative](#)" with Nika Spaulding
- "[Tell the Truth](#)" with Elizabeth Woodson
- "[Risk, Equip and Entrust](#)" with Claudia McGuire
- "[Know Your People](#)" with Sharifa Stevens
- "[Run Your Race](#)" with Dr. Kay Daigle
- "[Remember Who You Are](#)" with Dr. Michelle Pokorny
- "[Expect the Women Police](#)" with Dr. Jackie Roese
- "[Why Get a Coach?](#)" with Jill Williams

Spiritual Direction

[Evangelical Spiritual Directors Association](#) provides information about spiritual direction, finding an evangelical spiritual director, or listening to God with the help of a spiritual director.

Teams/volunteers

BOW's Free Resources

- "[Growing Teams into Community](#)" with Claudia McGuire
- "[Seek Volunteers More Gifted than You](#)" with Kat Armstrong
- "[Recruit the Right Volunteers](#)" with Kat Armstrong