

# Listening Well – An Invitation for Reflection

by Cheri Hudspith

## Listening Well 1: Before the Small Group Meeting

Most of us share a belief that we cannot lead people where we have not already gone ourselves. Following the first video, we invite to reflect on what you personally believe about listening well to God. We have provided for you a passage of scripture to read, reflection questions to consider and a closing prayer.

### PASSAGE TO READ

- Read through John 10

### REFLECTION QUESTIONS

- In what ways and at what times have you heard the voice of God and were able to trust and know His voice? How did you come to know for sure? Jot down a few examples.
- When have you struggled to trust whether or not you are being guided by the Lord, your own voice or the enemy?
- When you have struggled, what have you discovered about discerning God's voice?
- Do you have any fears about listening for God? If so, are you willing to share those with the Lord now?
- Did any verses come to mind that help you with your ongoing questions?

### CLOSING PRAYER

- Read through John 10 again and share with the Lord what is on your mind and heart.

## Listening Well 2: During the Small Group Meeting

In the second video we considered the value of listening more to one another and looking to God for His perspective as a group of people. We have provided for you a passage of scripture to read, reflection questions to consider and a closing prayer.

### PASSAGE TO READ

- Read through Proverbs 1

### REFLECTION QUESTIONS

- Do you have a small group culture that seeks wisdom from the Lord?

- Are you able to share with one another where you are currently seeking God's perspective?
- When a question for the Lord is shared or an insight is revealed, how comfortable is your group at avoiding fixing, advising or rescuing others. Have you ever considered why avoiding these approaches would be helpful for building up faith in Christ?
- Have you ever experienced simply being heard? If so, did you feel loved when someone took the time to really listen to you? What do you notice about how being listened to impacts you?
- Are any other verses from Scripture coming to mind as you consider these questions?

#### **CLOSING PRAYER**

- Read through Proverbs 1 again and share with the Lord what is on your mind and heart.

## **Listening Well 3: After the Small Group Meeting**

In this last video, prior to moving on to preparation for the next meeting, we encouraged you to take some time to recount the experience of leading your small group. Remember the Lord is for you, for your group, and wants to bless and help you. We have provided for you an opening question and passage of scripture to read, reflection questions to consider and a closing prayer.

#### **OPENING QUESTION AND PASSAGE TO READ**

- Take some time to prayerfully look back through a recent small group meeting.
  - Jot down any thoughts or feelings that come to mind.
- Now read Psalm 31

#### **REFLECTION QUESTIONS**

- Did you face any challenges while in the meeting? If so, are you willing to share those with the Lord?
- Is there anything that Psalm 31 reveals about God that helps you trust Him with this conversation?
- As you consider talk with God about these questions what are you discovering? What, if anything, do you want to ask God?
- Is there anything to celebrate with God from that meeting?
- What do you notice is happening in each life in the small group, including yours, and how does that help you pray to your Father in heaven?
- How did you receive God's grace by submitting yourself to this reflection process with Him today?

#### **CLOSING PRAYER**

- Read through Psalm 31 again and share with the Lord what is on your mind and heart.